

JIUHC Monthly Report for JIPMER Website – April 2024

World Health Day Celebration

World Health Day celebration was conducted on 12.04.2024 between 11: 30 AM to 1:00 PM. To observe World Health Day, various competitions like elocution, drawing and healthy snacks preparation were conducted in schools in the service area. Health education session with demonstration on diabetic foot care, immunisation and antenatal care was done during special clinics. Prize distribution for the winners and a special programme by the staff of JUHC was done during the celebration.



Observation of Immunization Week

On the occasion of Immunization Week, health education on the importance of immunization and its benefits was provided by the interns in the form of a skit on 25.04.2024. Emphasis on Adult BCG vaccination and cervical cancer vaccination has also been given.



Urban Health Nutrition Day

UHND was conducted in Chinnayapuram and Kurusukkupam Anganwadi centres on the 25th and 30th of April, respectively. Activities including anthropometric assessment for under-five children, haemoglobin estimation and Iron tablet distribution were done. Health talk on heat stroke, heat-related illness, complementary food and growth monitoring were given. The importance of the PMJAY card, the services available in the centre, and the importance of cancer screening were explained. Motivation for the formation of a walking club and prevention of NCD risk factors have been explained.



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Dental health awareness programme

As part of the World Oral Health Day celebration, an event was held at the Government Primary School in Thuthipet on 03.04.2024. The focus of the event was to raise awareness about oral hygiene. Toothbrushes, toothpaste were provided and prophylactic fluoride applications was performed.



World health day celebrations

As part of World Health Day celebrations series of events were conducted at JIRHC, Ramanathapuram.

1. **Rangoli competition** on centered around the theme "My Health, My Right."
2. **Health walk** to raise awareness about health and to emphasize the importance of WASH practices by students from Government Primary School, Ramanathapuram (03.04.2024)
3. **Cooking competition** "Flavours of Wellness" aimed to showcase signature food items made of healthy grains and millets (04.04.2024)
4. **Badminton Competition** for staffs of JIRHC (05.04.2024)

On 8th April, 2024 World health day was celebrated at JIRHC with health awareness activities and prize distribution was done.



Car festival in Pillaiyarkuppam

Medical camp at Koothandavar temple festival, Pillaiyarkuppam was conducted on 23rd and 24th April, 2024. Health awareness regarding safe sexual practice and distribution of condoms was done. Pamphlet distribution to raise awareness regarding aBCG vaccination was done.



Report on Mixed Methods Research Workshop

The Department of Preventive and Social Medicine, JIPMER, Puducherry conducted a three-day workshop on Mixed Methods Research from 23rd April to 25th April 2024. Dr. K C Premarajan, Dr. Sonali Sarkar, Dr. Sitanshu Sekhar Kar, Dr. Mahalakshmy T, Dr. Subitha L, and Dr. Jayalakshmy were the chief resource persons for this workshop. Dr. Mahalakshmy T was the course coordinator for this workshop. A total of thirty-two participants across the country attended the workshop. Participants were faculty, residents, PhD scholars, research scientists, and nursing students from various disciplines. The workshop started with an introduction and overview of the Mixed Methods study design where types of the Mixed Methods research were explained. Subsequently, participants were explained about exploratory mixed-method research, explanatory mixed-method research, and integration of study designs. Participants were also briefed on some complex mixed-method designs. Tools for data collection and data management were taught through various group activities. Hands-on training was given on qualitative data analysis with appropriate software. On the last day, proposals on Mixed methods study design by participants, were reviewed by the resource persons, and comments were given for further improvement in them. A certificate of participation was given to each participant. The three-day workshop ended with a valedictory and vote of thanks speech by the course coordinator, Dr. Mahalakshmy T.



Figure 1: Group photo with all participants



Figure 2: Focus Group Discussion with participants