

Activity at JIPMER Urban centre in the month of May 2022

1. Refresher training to JUHC staff:

The training sessions were organized on 12th May and 13th May 2022 for UHC staff, residents, interns and Anganwadi workers on reproductive and child health (RCH) services, and prevention and control of Non Communicable diseases (NCD). RCH training was conducted by Dr. Jayalakshmy (Additional Professor, Department of PSM), Dr. Vignesh (Senior Resident), and Junior residents, posted in urban centre. NCD training was given by Dr. Sitanshu Sekhar Kar (Professor and Head, Department of PSM) and residents. The sessions were focussing mainly on the roles and responsibility of each staff member in delivering quality MCH and NCD related services at the urban field practise area of JIPMER.



2. Menstrual Hygiene Day:

Menstrual Hygiene Day was observed on 28th May 2022 at JUHC. Around 40 Adolescent girls from the service area were mobilised to JUHC and health talk was delivered by Mrs. Rathnam, Public Health Nurse and Dr. Sridevi, Junior resident from the department of PSM. The theme for the program was “Making menstruation a normal fact of life by 2030”. The adolescent girls were engaged in discussion on common menstrual problems and appropriate health counselling and medical supports were offered. A health educational video (Mythiri) on the Menstrual hygiene was played for the attendees of the programme. Mr. Adhavan, Yoga Instructor, JUHC has trained the girls on breathing and stress relieving exercises.

