



Jawaharlal Institute of Postgraduate Medical Education and Research  
(Institute of National Importance under the Ministry of Health & Family Welfare, Government of India)  
Department of Physiology  
DST SATYAM Research Project  
“Effect of Structured Pranayama Module as an Adjunctive Therapy for Management of  
Individuals with Bipolar I disorder – A Randomized Controlled Trial”

No.: JIP/PHYSIO/DST/SATYAM/2020/364(G)/2022-23

Dated: 22-05-2023

**Recruitment Notice**

Applications are invited by Dr. R. Rajalakshmi (Principal Investigator), Department of Physiology, Jawaharlal Institute of Postgraduate Medical Education and Research (JIPMER), Puducherry, from candidates fulfilling the following eligibility conditions (Annexure 1) to work as “Lab Technician” on a contract basis for the research project “Effect of Structured Pranayama Module as an Adjunctive Therapy for Management of Individuals with Bipolar I disorder – A Randomized Controlled Trial” funded by DST SATYAM (Science and Technology for Yoga and Meditation).

**Name of the post:** Lab Technician

**No. of posts:** 1 (Temporary)

**Eligibility criteria:**

**Essential Qualification:** B.Sc. (MLT) / B.Sc. Life Sciences with DMLT from a recognized university with three years of work experience

**Desirable Qualification:**

1. Work experience in an Autonomic Function Testing Laboratory
2. Good communication skills in the local language (Tamil), reading proficiency in Tamil
3. Knowledge of computer applications
4. Work experience in neurological/mental health setting

**Upper Age Limit:** Upper age limit is 30 years. Age limit relaxable for SC/ST/OBC/women candidates as per government rules.

**Salary:** Rs.23,200/- per month (fixed)

The post is time bound for a period of 1 year (likely to continue beyond 1 year).

Interested and eligible candidates can download the application form (Annexure 2) from the JIPMER website and email the duly filled scanned application form and attested copies of supporting documents as a single pdf to **bpdsatyamproject@gmail.com** on or before 12-06-2023 (Monday) by 5 pm.

**NOTE:** Applications not in the prescribed format of the application form WILL NOT BE PROCESSED OR ACCEPTED.



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The last date of the online application form will be taken for the calculation of age.

Short-listed candidates will be called for a walk-in written test followed by an interview.

The date and venue of the interview will be intimated through e-mail only.

**No** individual call letters will be sent.

**No** TA/DA will be provided for attending the interview.

**Note: A valid e-mail address is compulsory, as further communication will be made through e-mail only.**



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## ANNEXURE - 1

### Post details

**Project title:** Effect of Structured Pranayama Module as an Adjunctive Therapy for Management of Individuals with Bipolar I disorder – A Randomized Controlled Trial

<b>Position</b>	Lab Technician
<b>Number of Posts</b>	One
<b>Age limit</b>	Not exceeding 30 years (Age limit relaxable for SC/ST/OBC/women candidates as per government rules).
<b>Emoluments</b>	Rs. 23,200/- per month (fixed).
<b>Duration</b>	1 year (likely to continue beyond 1 year).
<b>Essential qualifications</b>	Essential Qualification: B.Sc. (MLT) / B.Sc. Life Sciences with DMLT from a recognized university with three years of work experience.
<b>Desirable Experience</b>	<ol style="list-style-type: none"><li>1. Work experience in Autonomic Function Testing Laboratory</li><li>2. Good communication skills in the local language (Tamil), reading proficiency in Tamil</li><li>3. Knowledge of computer applications</li><li>4. Work experience in neurological/mental health setting</li></ol>
<b>Nature of duties</b>	Assisting the Investigator team in project implementation and conducting key activities related to: <ol style="list-style-type: none"><li>a. documentation: enrolment, obtaining informed consent for participation in the study</li><li>b. data collection, recording of study parameters</li><li>c. entry of all clinical data</li><li>d. development and maintenance of database</li><li>e. ensuring follow-up of study participants</li></ol>



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### **General Instructions & Conditions:**

1. Qualification and experience should be in the relevant discipline/field and from an institute of repute.
2. Experience should have been gained after acquiring the minimum essential qualification.
3. Qualification, experience, other terms, and conditions may be relaxed/ altered at the discretion of the Principal Investigator.
4. Only shortlisted candidates will be called for a walk-in written test and interview.
5. No benefit of Provident fund, leave travel concession, medical claim etc., will be considered since the post is purely on a contract basis.
6. The appointment is for a period of one year (likely to continue beyond 1 year).
7. The above post is purely on a temporary/contractual basis, and the candidate will have no right to claim permanent employment in the Institute or continuation of his or her services in any other project.
8. The candidate's appointment may be extended or curtailed at the discretion of the PI of the project.
9. The candidates are advised not to bring any recommendations to influence their selection. Such candidates will be summarily rejected.
10. Submitting wrong or false information during the selection process shall disqualify the candidature at any stage.
11. If the investigator finds the appointee's performance unsatisfactory, the appointment can be terminated at any time without any notice. The decision of the principal investigator will be final.
12. The appointee may be relieved from the current job position with one-month prior notice; failing to do so may be held responsible for paying one month's salary.
13. The applicants are requested to e-mail the duly filled scanned application form and attested copies of supporting documents as a single pdf to the email id **bpsatyamproject@gmail.com** on or before 12-06-2023 (Monday) by 5 pm.



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14. At the time of the interview, they must bring the same along with self-attested copies of testimonials with original certificates for verification.

- Proof of Indian nationality (copy of Aadhaar /voter Id/ passport /driving license)
- Certificate in support of age (Tenth equivalent/High School Certificate)
- Degree/Diploma
- Experience Certificate
- Caste certificate (If any)
- Any others (if any)

**Address for Correspondence:**

Dr. Rajalakshmi. R,

Principal Investigator, DST SATYAM

Associate Professor, Department of Physiology,

JIPMER, Puducherry- 605 006.

E-mail: [bpdsatyamproject@gmail.com](mailto:bpdsatyamproject@gmail.com)



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## ANNEXURE 2

No.: JIP/PHYSIO/DST/SATYAM/2020/364(G)/2022-23

### APPLICATION FOR THE POST OF LAB TECHNICIAN

**Project title:** Effect of Structured Pranayama Module as an Adjunctive Therapy for Management of  
Individuals with Bipolar I disorder – A Randomized Controlled Trial

1. Name of the Applicant (Capital Letter):

2. Name of Father/Husband:

3. Gender (Male/Female/other):

4. Date of birth (dd/mm/yyyy):

Affix your recent  
self-attested passport  
size photograph  
(Do not staple)

5. Age as of the last date of application: \_\_\_\_\_ years \_\_\_\_\_ months \_\_\_\_\_ days

6. Nationality:

7. Religion:

8. Caste:

9. Whether belonging to SC / ST / OBC / Others (community certificate to be attached)

10. Marital status:

11. Address for correspondence:

12. Permanent address:

13. Contact no.:

14. Email:



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15. Have you ever been convicted by a court of law, or is there any criminal case / disciplinary action /  
vigilance enquiry pending against you?

If so, specify: \_\_\_\_\_

16. Language Proficiency

Able to Read & Write	
Able to Converse only	

17. Educational qualification: (Enclose self-attested photocopies)

Qualification (From SSLC /Matriculation)	Board/ University	Year of Passing	Subjects	% of marks/ CGPA
Tenth Equivalent				
Higher Secondary				
Degree				
Other qualifications				

18. Details of Previous Employment (if any): (Pls attach PDFs of proof of work)

	Employer	Designation	From (date)	To (date)	Duration (Yrs, months, days)	Nature of Work
1						
2						
3						
4						
5						

19. Research Experience details:

Sl. No.	Post Name	Name of Organization	Duration of Work	Nature of Job



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20. Any other information relevant to the post (if any):

21. Please provide contact information /email and telephone number of your previous employer whom we can contact regarding your previous/ current work.

(Please intimate your previous employer(s) that they may be receiving calls from us regarding this and obtain their permission)

I accept enquires about my previous work with my earlier employer(s): Yes / No.

22. Contact information of previous employer(s)

Name	Designation	Company/Organization Name	Phone	Email ID

23. Check List: (Please tick as proof of enclosures) All Certificates must be attested and be attached in the following order:

- Proof of Indian nationality (copy of Aadhaar /voter Id/ passport /driving license) – yes/no
- Certificate in support of age (Tenth equivalent/High School Certificate) – yes/no
- Degree/Diploma – yes/no
- Experience Certificate – yes/no
- Caste certificate (If any) – yes/no
- Any others (if any) – yes/no





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*Declaration by the Applicant*

*Application for the post of Lab Technician*

I, -----, wish to apply for the above post and hereby declare that all the statements made in this application are true, complete, and correct to the best of my knowledge and belief. In the event of any information being found false or incorrect, or ineligible and detected before or after the Exam/Interview, I hereby convey my consent for cancellation of my candidature. Further, I declare I have gone through all the terms and conditions of the appointment. I will abide by the same, and I will not claim any regularization.

Place:

Date:

Signature of the Applicant:

NAME (in block letter):