

JIRHC Monthly Report for JIPMER website – July 2024

Stop Diarrhoea Campaign

As part of the Stop Diarrhoea Campaign, ORS & zinc corner was setup in our JIRHC, Ramanathapuram on 3rd July. Health talk was given about the causes and prevention of diarrhoea, emphasizing the importance of cleanliness and proper sanitation. Importance of use of Oral Rehydration Solution (ORS) and Zinc for effective management of diarrhoea in children along with correct methods of preparation of ORS and the correct methods for maintaining hygiene to prevent diarrhoea.



School Health Camp

School camp was conducted in Government Primary school (GPS) Thondamanatham, GPS Thuthipet, GPS Ramanathapuram and GPS Pillaiyarkuppam respectively on 5th, 10th, 19th & 31st July.

Health education was given on handwashing technique, brushing technique, oral hygiene, prevention and role of ORS & Zinc in management of diarrhoea.

Anthropometry, visual acuity, haemoglobin estimation was done for the school children by JIRHC team comprising of Junior resident, MPH trainees, MBBS interns, PHNOs, ANMs and ASHAs.



World Population Day

On 11 July 2024, in view of World Population Day, program was conducted in our JIRHC. Health education on different family planning methods, demonstration regarding use of different types of contraceptives was given.



Dengue Source Reduction Activities

Dengue source reduction activities have been carried out in our JIRHC campus along with health education and awareness on dengue given to people in our service area. Also, ICMR Vector Control Research Centre (VCRC) team visited the centre and provided train for dengue source identification and various methods for mosquito source reduction.



Internal Internship Program

Internal internship program was conducted for MPH-II trainees in two batches from 1st-30th of July. They worked on various assignments for improving the service delivery and health system strengthening at the centre. They submitted their reports on the tasks assigned, namely, needs assessment of elderly for assistive devices, PMJAY card distribution, school health camps, establishing a tobacco cessation clinic, water quality monitoring etc.

Village Health Nutrition Day

VHND was conducted in all four villages in JIPMER RHC service areas on 13th, 22nd, and 27th July. Activities including anthropometric assessment for under-five children, haemoglobin estimation and Iron tablet distribution was done. Screening for hypertension was also done for individuals above 18 years. Health talk on Stop diarrhoea campaign, ORS preparation and family planning methods – contraceptive methods were given. Approximately 40 beneficiaries attended each VHND.



JUHC Monthly Report for JIPMER Website – July 2024

Stop Diarrhoea Campaign 2024

The Stop Diarrhoea campaign was initiated in JUHC on 1st July. Health talk on the importance of hand washing and food hygiene was given. Awareness about danger signs of diarrhoea and appropriate use of ORS and zinc was delivered. The campaign was also held in schools in the following month. ORS and zinc corner were initiated in all Anganwadi.



Urban Health Nutrition Day

UHND was conducted in Chinnayapuram on 8th July. A health talk on sanitation, safe drinking water, diarrhoea prevention and management was given. Demonstration on ORS preparation was done. Also, health talks on cervical cancer and breast cancer awareness were given.



Mobile Dental Clinic

A mobile dental clinic was conducted in Vazhaikulam on 9th July. Health education on dental hygiene was given. A total of 40 patients were screened. Services like scaling, ICR, saline irrigation, filling, and P & F sealant were delivered.



World Population Day 2024

On the continuation of World Population Day observation, JUHC conducted the “Comprehensive Care for Under-five & Mothers” programme on 25th July with the JIPMER Paediatric Department. Health talk on the prevention of malnutrition and diarrhoea was given along with contraception advice. Yoga for post-natal mothers, hand wash techniques, and diet plan were demonstrated.



Stop Diarrhoea campaign at School

With the continuation of the Stop Diarrhoea campaign, a health awareness programme was conducted at St. Francis Assisi School on 29th July. Health talk on sanitation, nutrition, prevention and management of diarrhoea was given. Proper handwashing techniques were taught to the students.



School Health programme

An interactive workshop on “No Tobacco” was conducted on 31st July at Calve school. Students took the No Tobacco pledge. Health talk on the harmful effects of tobacco was given. A short film on drug abuse was screened for awareness.



HICC training programme:

Training programme by HICC team from JIPMER was held on 4th July 2024. Health talk was given by the HICC team regarding Biomedical Waste Management, Handwashing techniques, how to use personal protective equipments. All the staffs, Residents and interns were screened for HbsAg titres.

