

## JIRHC Report for JIPMER website for February 2023



### 1. World Cancer Day (4<sup>th</sup> February 2023)

- World Cancer Day was observed on 4<sup>th</sup> February at Thondamanatham NCD clinic where awareness talk on breast, cervical and Oral cancer was given by Residents and Interns which covered mainly Importance of screening of breast, cervical and oral cancer, signs & Symptoms and its management.

### 2. National Deworming Day (10<sup>th</sup> February 2023)

- National Deworming day was observed on 10<sup>th</sup> February in ten schools of Ramanathapuram, Thondamanatham, Pillayarkuppam and Thuthipet in which children of all age groups received albendazole tablets and awareness talk on deworming and its benefits was given to school children and teachers by Residents, Interns, ANMs and ASHAs. Estimation of Hb, BMI and examination of oral cavity and visual acuity was done at Ansari Duraisamy School, Thondamanatham.



### 3. Health talk on Personal hygiene and importance of healthy food at Adolescent clinic (4<sup>th</sup> February and 25<sup>th</sup> February 2023)

- During the adolescent clinic, health talk on personal hygiene and importance of healthy food covering the topics of do's and don'ts regarding personal hygiene, diet rich in iron, and measures to be taken to prevent anemia were covered. The beneficiaries were the adolescent girls and boys aged between 10-19 years.



### 4. Adolescent awareness program in Pillayarkuppam ( 20<sup>th</sup> February 2023)

- Adolescent awareness program was conducted in Govt School Pillayarkuppam in which awareness talk on substance abuse and prevention of suicide was given to beneficiaries aged between 10-19 years and drawing competition was conducted for adolescent boys regarding substance abuse and prizes were distributed.



### 5. Village Health Sanitation and Nutrition Day

- VHSND was conducted in Ramanathapuram and Pillayarkuppam. The beneficiaries covered were the elderly, antenatal, lactating mothers and children. The children were examined by the Paediatrician and advice was given for the concerned individuals. Health talk on nutrition was given by Residents and Interns. Iron and Folic acid supplements were provided by the ASHA to the beneficiaries.

